

**GOVERNMENT COLLEGE (AUTONOMOUS)
RAJAMAHENDRAVARAM**



ESTD. 1853

**BOARD OF STUDIES
PSYCHOLOGY**

2021-2022

DEPARTMENT OF PSYCHOLOGY

BOARD OF STUDIES -2021-2022

Time: 11:00 AM

Date: 11 -08 -2021.

Venue: Department of Philosophy

The Board of Studies Meeting conducted for discussion and approval of the papers of Psychology on 11 -08-2021 in the Department of Psychology by 11:00 AM for the academic year 2021-2022. The members of Board of Studies present and discussed the Syllabus related to I to VI Semesters of I BA, II BA and III BA in CBCS pattern. The following Members of the Board of Studies in Psychology approved by Executive Committee for the academic year 2021-2022.

Name & Designation of the members:

1. Sri K. Anjaneyulu
Dept. of Philosophy
Govt. College (A)
Rajamahendravaram. Chairman
2. Dr.NVVS Narayana
Dept. of Psychology
UCAC,
Adikavi Nannaya
University university nominee
3. Dr. P Rajasekhar
Dept. of Psychology
UCAC,
Adikavi Nannaya
University subject expert
4. Sai Ram Pate
Lecturer in Psychology
Rajahmahendravaram Member
5. Rakesh Gorle
Dept. of Psychology
Govt. College (A)
Rajamahendravarm Member

Chairman
Board of Studies
Dept. of Psychology.

**GOVERNMENT COLLEGE (AUTONOMOUS), RAJAMAHENDRAVARAM
DEPARTMENT OF PSYCHOLOGY
BOARD OF STUDIES – 2021-21**

Time: 11:00 AM

Date: 11- 08-2021

The Department of Psychology conducted BOS meeting under the chairmanship of Sri.K. Anjaneyulu met on - 11-08-2021 by 11:00 AM and made the following resolutions, with the members present here.

Members present:

S. No.	Name	Designation	Signature
1	Dr NVVS Narayana	Assistant Professor in Psychology	
2	Dr P Raja sekhar	Assistant Professor in Psychology	
3	Rakesh Gorle	Lecturer in Psychology	
4	Sai Ram Pate	Lecturer in Psychology	
5	Sai Raju	Student	
6	Akhilandeswari	Student	

Chair Person
Board of Studies
Dept. of Psychology

GOVERNMENT COLLEGE (AUTONOMOUS), RAJAMAHENDRAVARAM
DEPARTMENT OF PSYCHOLOGY
BOARD OF STUDIES - 2021-21

AGENDA & RESOLUTIONS

1. Approval to adopt and implement choice-based credit system (CBCS) from the academic year 2021-22 onwards –
2. Approval to adopt syllabus, Model papers drawn for the students of B.A. I, II and III year as per APSCHE introduced Revised CBCS Curriculum Framework 2021-22.
3. Approval for conducting EXTERNAL examinations, at the end of the each semester for 50 marks in 2.5 hours I, II, III year B.A
4. It is proposed to conduct INTERNAL examinations in each semester for 50 marks for I, II, III year B.A
5. It is proposed to conduct internal examinations in each semester for 50marks for II B.A., approval for assess internal marks in two parts-Resolved.
 - a) It is Resolved to conduct internal exams for each semester for 50:50 Ratio (50 internal and 50 External from 2021-2022 Academic Year.)
 - b) Internals are sub divided as 20-test,10-Online test and 15- Pedagogy system and 5 for attendance
 - c) Part-I, 20 Marks average of two descriptive internal examination (each descriptive examination is one hour) 10 marks online test is mandatory.
 - d) Part-II, 15 marks for assignments, seminars, quiz, field trips and viva voice and 5 marks for attendance as per norms
6. Approval of syllabus and model paper for HVPE (Human Values and Professional Ethics) as foundation course for 1st year all B.A., B.Com., and B.Sc., students in 1st semester with 50 marks paper time duration 2 hours-Resolved
7. Approval of panel names for appointment of examiners and paper setters-Resolved
8. Approval of Annual Academic Plan-Resolved
9. Approval for Departmental Action Plan-Resolved
10. Approval of Project work for the III-year B.A. Students in Elective system for 100 marks- Resolved
11. Approval the list of subject experts -Resolved
12. Any other relevant academic advise with the permission of the chair-Resolved

Chairman
Board of Studies

**GOVERNMENT COLLEGE (AUTONOMOUS), RAJAMAHENDRAVARAM
DEPARTMENT OF PSYCHOLOGY
BOARD OF STUDIES - 2021-22**

Approval of the Panel names for appointment of Examiners and paper
setters as here under:

Name, Designation & Address

1. Dr NVVS Narayana , Dept of Psychology, AdiKavi Nannaya University, Rajamahendravaram
2. Dr P Raja Sekhar, Dept of Psychology, AdiKavi Nannaya University, Rajamahendravaram
3. Rakesh Gorle, Dept of Psychology, Govt Degree College (A), Rajamahendravaram
4. Sai Ram Pate, Dept of Psychology, Govt Degree College (A), Rajamahendravaram

Signatures of BOS Members

- 1) Dr NVVS Narayana
- 2) Dr P Raja Sekhar
- 3) Rakesh Gorle
- 4) Sai Ram Pate

Chairperson
Board of Studies
Dept of
Psychology

REVISED PSYCHOLOGY COURSES IN B.A. 2021-22 PROGRAMME OUTCOMES

FIRST YEAR (SEMESTERS I & II)

By undergoing the two courses in the First Year of UG i.e.,

GENERAL PSYCHOLOGY I & II

- ψ Understanding and application of psychological principles, theories and methods of different psychological areas (like learning, memory, etc.) to understand the complexity of human behaviour.
- ψ Knowledge of the fundamental physiological functional mechanism behind the Nervous system in the human body.
- ψ It also correlates to the understanding of historical context of different studies and researches.
- ψ Extensive knowledge about different theories and principles of Cognition and Behaviour concerning the areas of Motivation, Emotion, Intelligence, Thinking, and Personality etc.
- ψ Understand the measures involved in different aspects of human behaviour.
- ψ Develop ability to relate the psychological concepts to everyday life events.

SECOND YEAR (SEMESTERS III & IV)

By undergoing the two courses in the SECOND Year of UG i.e.,

DEVELOPMENTAL PSYCHOLOGY

- ψ Be able to demonstrate a broad working knowledge of developmental psychology by providing an overview of basic principles related to biosocial, cognitive and psychosocial changes throughout the entire lifespan.
- ψ Be able to demonstrate an understanding of different stages of development through the lifespan.
- ψ Identify and apply developmental concepts to everyday life.
- ψ Demonstrate improved critical thinking and communication skills.
- ψ Identify major theorists that contribute to the field of developmental psychology.

SOCIAL PSYCHOLOGY

- ψ Develop insight and analyze the contribution of social psychologists to the understanding of human society.
- ψ Evaluate effective strategies in socialization, group processes (both inter and intra-group) and helping behavior.
- ψ Ability to register the progression of theories in major areas in Social Psychology.
- ψ Interpret attitude formation and various methods to be used to change the attitude.
- ψ Understand aspects related to social psychology

FINAL YEAR (SEMESTERS V & VI)

- 1) The APSCHE enunciated that the student should undergo “Apprenticeship” for a whole Semester (6 Months) either in Semester V or Semester VI, as per feasibility, so that the student has hands on training in the specific industry/enterprise before acquiring his/her Graduate Degree.
- 2) With the two spells of short term (2 Months + 2 Months) Apprenticeship the student underwent during the summer vacations after Second and Fourth Semesters, the total Apprenticeship period culminates in 10 Months of on the job training.
- 3) The strategy is to prepare the student to be ‘Industry Ready’, so that he becomes readily employable and leaves the college with a job in hand.
- 4) During the Semester of ‘Apprenticeship’, the student takes two Skill Enhancement Courses in each major.
- 5) During the NON-APPRENTICESHIP SEMESTER in the Final Year, Semester V or Semester VI as the case might be, the student is offered 2 Courses with advanced specialization in the domain.
- 6) Here, it is thought that two ‘sets of courses’ can be provided to the student so that he/she can choose one Course from each set. The student then chooses two courses from two different sets of courses and proceeds to develop a flair for particular areas of study.
- 7) This exercise is to promote choice in the selection of courses/areas of interest by the student and to encourage the student for research in the future.
- 8) During the APPRENTICE SEMESTER in the Final Year, the student is offered 2 “Skill Enhancement Courses” related to his/her apprenticeship area. The two courses would be designed later, taking into consideration the possible areas of apprenticeship, by the time the present batch is promoted to Final Year. Hence they left out for later times.
- 9) These courses will amplify the understanding of the domain and as well create interest in the area for further research.
- 10) The students are encouraged to take up project works in the relevant areas with practical purport, thus leading to theoretical and practical perspective of the subject.

- 11) The student would be able to apply the conceptual framework and analytical skills learnt by him/her in daily life and work.
- 12) The Apprenticeship would provide ample opportunity for the student to apply and as well broaden his/her world-view as one starts working.
- 13) Designing the “Skill Enhancement Courses” during the Apprenticeship Period will be taken up later to ensure that the learning would be a pleasant experience and more praxis oriented than theoretically burdensome.
- 14) After completing the three years programme of B.A. with Psychology as one of the Majors, the student would become proficient in fundamentals of psychology equipped with analytical skills, interdisciplinary collaboration and contribution to the wide-ranging humanistic services to focus on preventive and curative approaches to stimulate positive mental health in society and make career in psychology and allied fields.

EVALUATION AND CREDITS

Evaluation of Each Course involves:

Internal Evaluation (50 marks)

Part 1- 20+10 (offline internal and online internal respectively)

Part 2- 15 marks (pedagogy system) and 5 marks for attendance

All together all total of 50 marks

External Evaluation (50 marks)

50 Marks- End-Semester Theory Examinations - for 50 Max. Marks

CREDITS FOR EACH COURSE -4

The marks obtained by the student in each course would be converted into **GRADE POINTS** as per the conventional formula, which in turn will be added up for calculation of **SGPA** and **CGPA**

GOVERNMENT COLLEGE (AUTONOMOUS), RAJAMAHENDRAVARAM
DEPARTMENT OF PHILOSOPHY
ALLOCATION OF CREDITS AT COURSE LEVEL

S.NO	SEM	COURSE CODE	COURSE TITLE	HOURS	MAX MARKS			CREDITS
					MID	SEM END	TOTAL	
1	I	Psy-101	Core I: General psychology-I	6	50	50	100	4
2	II	Psy-102	Core I: General psychology-II	6	50	50	100	4
3	III	Psy-103	Core III: Developmental psychology	6	50	50	100	4
4	IV	Psy-104	Core IV: Social psychology	6	50	50	100	4
		Psy-105	Core V: Psycho Pathology	6	50	50	100	4
5	V	Psy-106	Core V: Child psychology	6	50	50	100	4
		Psy-107	Core VI: Education psychology	6	50	50	100	4
6	VI	Psy-108	Elective-1: Counselling Psychology	5	50	50	100	4
		Psy-109	Cluster A1: Psycho pathology	5	50	50	100	4
		Psy-110	Cluster A2: Environmental Psychology	5	50	50	100	4
		Psy-111	Cluster A3: Project	5	50	50	100	4

Government Degree College (Autonomous) Rajahmundry
Department of Psychology
Semester 1 – Syllabus (2021-22)
GENERAL PSYCHOLOGY - 101

UNIT I: Introduction:

- A. Definition, Nature, Characteristics and Scope of Psychology; Aims of Psychology.
- B. Schools and Fields of Psychology.
- C. Methods of Psychology- Introspection, Observation, Case Study, Survey and Experimental Method. Techniques of Psychology: Interview, Questionnaires and Observation Schedule.

UNIT II: Biological Basis of Behavior:

- A. Neuroanatomy - Structure and Conduction of the Neuron; The Central Nervous System: Spinal Cord - Structure and Function; The Brain - Hindbrain, Midbrain & Forebrain, The Autonomic Nervous System-Structure & Function.
- B. Hormones and Behavior-Main Endocrine Glands, their Hormone Products and Principal Effects of the Hormones.
- C. Psychogenetic - Mechanisms of Heredity and Environment, Nature and Nurture Controversy.

UNIT III: Sensory Process:

- A. The Sensory System, Types and General Characteristics of Senses.
- B. Visual, Auditory Sensation, Theories of Vision and Hearing.
- C. Subliminal Perception and Signal Detection Theory.

UNIT IV: Attention and Perception

- A. Types and Phenomena of Attention, Determinants of Attention, Distraction, Division, Fluctuation and Span of Attention
- B. Perception- Perceptual Organisation, Figure and Ground Relation, Major Principles of Perceptual Organisation.
- C. Depth Perception, Perceptual Constancies, Movement Perception, Perceptual Distractions, Perceptual Defence, Perceptual Vigilance.

UNIT V: Motivation and Emotion

- A. Motivation - Definition and Types of Motives- Bio and Psycho- Social Motives.
- B. Emotions - Definition and Nature of Emotions, Types of emotions.
- C. Theories of Motivation - Freud's Unconscious Motivation, Maslow's Theory of Motivation. Theories of Emotions - James - Lange, Cannon-Bard.

REFERENCE BOOKS:

1. Morgan, Clifford.T., King, Richard.A., Weisz, John.R.^ Schopler, John (1993). Introduction to Psychology, TataMcGraw Hill.
2. Marx, Melvin H. (1976). Introduction to Psychology - Problems, Procedures & Principles, MacMillan Publishing Co.
3. Hilgard, E.R., Atkinson, R.L., Atkinson, R.C., (1979): Introduction to Psychology, Harcourt Brace Jovanovich. Inc

GOVERNMENT DEGREE COLLEGE (A), RAJAHMUNDRY

B.A JMCPPSY: Semester- 1

GENERAL PSYCHOLOGY -101

Time: 2.5hours

MODEL PAPER

Max Marks: 50

Answer any 3 of the following (each question carries 10 marks)

3*10 =30

1. Write any two Schools of Psychology?
2. What are the research methods used in Psychology?
3. Explain the Structure of Eye?
4. Write the conditions of Attention with suitable examples?
5. Types of motives
6. Theories of emotions

Answer any 5 of the following (each question carries 4 marks)

5*4 = 20

7. What are the different definitions of Psychology over the history?
8. Nature of Psychology
9. Young- Helmholtz Trichromatic theory
10. Differentiate Frequency Amplitude and Timbre
11. Types of attention
12. Illusion
13. Need
14. Components of emotions

Government Degree College (Autonomous) Rajahmundry

Department of Psychology

Semester 1 – Syllabus (2021-22)

GENERAL PSYCHOLOGY Practicum - 101

Conduct the experiments from the following

1. Span of Attention
2. Fluctuation of attention
3. Illusions - Muller Lyer Illusion
4. Perceptual constancies - size, shape

REFERENCE

Chaube. S.P(1985): Experimental Psychology, Laxmi Narain Publishers

Government Degree College (Autonomous) Rajahmundry
Department of Psychology
Semester 2 – Syllabus (2021-22)
GENERAL PSYCHOLOGY - 102

UNIT I: Learning

- A. Definition of learning – Classical Conditioning, Operant Conditioning, Insight, Observation and Latent learning.
- B. Role of Maturation and Training in learning, Reward and Punishment, Transfer of Learning.
- C. Measurement of Learning, Learning Curves.

UNIT II: Memory and Forgetting

- A. Meaning and Types of Memory, Methods of Measuring Memory, Information Processing Model of Memory.
- B. Factors Influencing Memory – Repetition, Meaning, Whole vs. Part Learning, Massed vs. Spaced Learning, Motivation, Feedback and Passage of Time.
- C. Forgetting- Meaning, Nature and Causes, Methods to Improve Memory

UNIT III: Thinking

- A. Definition, Nature and Levels of Thinking.
- B. Tools of Thinking Images, Concepts and Language.
- C. Types of thinking – Reasoning, Problem Solving, Creative Thinking, Critical Thinking.

UNIT IV: Intelligence

- A. Intelligence Definition and Nature - Theories: Spearman Two Factor Theory, Thurstone's Multi Factor Theory and Sternberg's Triarchic Theory of Intelligence
- B. Measurement of Intelligence- Concept of IQ, Types of Intelligence Tests, Intellectually Gifted and Retardation.
- C. Role of Heredity and Environment on Intelligence

UNIT V: Psychology in India

- A. Ancient Indian Psychology – Cognition, Consciousness, Super Conscious, Emotions Individuality and Self.
- B. B) The doctrine of Gunas – Satva, Rajas and Thamas
- C. The beginning of Modern Psychology – Development of Modern Indian Psychology. Basic and Applied Research. The Testing Movement, Clinical and Counselling Psychology and Organizational Behaviour and Industrial Psychology.

REFERENCE BOOKS:

1. Morgan, Clifford.T., King, Richard.A., Weisz, John.R., Schopler, John (1993): Introduction to Psychology, TataMcGraw Hill.
2. Marx, Melvin H. (1976) Introduction to psychology - Problems, Procedures & Principles, MacMillan Publishing Co.
3. Hilgard, E.R., Atkinson, R.L., Atkinson, R.C.. (1979): Introduction to Psvcholouv. Harcourt 4. ParameswaranE.G.,&Beena "An Invitation to psychology" Neelkamal Publication Hyderabad

GOVERNMENT DEGREE COLLEGE (A), RAJAHMUNDRY

B.A JMCPPSY: Semester- 2

GENERAL PSYCHOLOGY -102

Time: 2.5hours

MODEL PAPER

Max Marks: 50

Section- A

Answer any **THREE** Questions

3*10=30

1. How the Trail and Error method is conducted?
2. What is Classical conditioning and describe its stages?
3. Describe the mechanism of memory?
4. Mention the Theories of forgetting?
5. Explain different Stages of creative thinking?
6. Elaborate Triarchic theory of intelligence?

Section- B

Answer **FIVE** Questions

5*4=20

1. Learning curve
2. Observational learning
3. Chunking
4. How to improve memory
5. Nature of thinking
6. What is reasoning and its types?
7. IQ
8. Mental retardation

Government Degree College (Autonomous) Rajahmundry

Department of Psychology

Semester 2 – Syllabus (2021-22)

GENERAL PSYCHOLOGY Practicum - 102

Conduct the experiments from the following

1. Visual & Auditory- REACTION TIME
2. Measuring perception
3. ESP
4. Wiggly blocks

REFERENCE BOOKS:

- Chaube. S.P.(1985): Experimental Psychology, Laxmi Narain

Publishers

Government Degree College (Autonomous) Rajahmundry
Department of Psychology
Semester 3 – Syllabus (2021-22)
DEVELOPMENTAL PSYCHOLOGY - 103

UNIT 1: Introduction

- A. Concept of Human Development
- B. Theories, themes and research designs

UNIT 2: Periods of Life Span Development

- A. Prenatal development,
- B. Birth, Infancy, and Childhood
- C. Adolescence and Adulthood

UNIT 3: Domains of Human Development

- A. Cognitive development: perspectives of Piaget and Vygotsky
- B. Language development
- C. Physical development

UNIT 4: Domains of Human Development

- A. Emotional development
- B. Moral development
- C. Personality development

UNIT 5: Socio-Cultural Contexts for Human Development

- A) Family
- B) Peers, Media & Schooling
- C) Human Development in the Indian context

TEXT BOOKS:

1. Berk, L. E. (2010). Child Development (9th Ed.). New Delhi: Prentice Hall.
2. Mitchell, P. and Ziegler, F. (2007). Fundamentals of development: The Psychology of Childhood. New York: Psychology Press.
3. Papalia, D. E., Olds, S.W. & Feldman, R.D. (2006). Human development (9th Ed.). New Delhi: McGraw Hill.
4. Santrock, J. W. (2011). Child Development (13th Ed.). New Delhi: McGraw Hill.
5. Santrock, J.W. (2012). Life Span Development (13th ed) New Delhi: McGraw Hill.
6. Saraswathi, T.S. (2003). Cross-cultural perspectives in Human Development: Theory, Research and Applications. New Delhi: Sage Publications.
7. Srivastava, A.K. (1997). Child Development: An Indian Perspective. New Delhi.

GOVERNMENT DEGREE COLLEGE (A), RAJAHMUNDRY

B.A JMCPPSY: Semester- 3

DEVELOPMENTAL PSYCHOLOGY-103

Time: 2.5hours

MODEL PAPER

Max Marks: 50

Section- A

Answer any **THREE** Questions

3*10=30

1. Explain psychosexual developmental theory?
2. Explain psychosocial developmental theory?
3. Explain developments in Adolescence?
4. Explain Piaget cognitive theory?
5. Explain Vygotsky theory?
6. Moral development

Section- B

Answer **FIVE** Questions

5*4=20

- 1) Define developmental psychology
- 2) Stages of human life span
- 3) Growth in prenatal conditions
- 4) Peer pressure
- 5) Puberty
- 6) Language development
- 7) Emotional development
- 8) Personality

Government Degree College (Autonomous) Rajahmundry

Department of Psychology

Semester 3 – Syllabus (2021-22)

DEVELOPMENTAL PSYCHOLOGY Practicum - 103

Conduct the experiments from the following

- 1) Healy's Picture Construction Test
- 2) Seguin Form Board Test
- 3) Kohl's block test
- 4) Pinter Patterson Performance Test
- 5) Colour blindness test
- 6) Cube construction test

REFERENCE BOOKS:

- Chaube. S.P.(1985): Experimental Psychology, Laxmi Narain

Publishers

Government Degree College (Autonomous) Rajahmundry
Department of Psychology
Semester 4 – Syllabus (2021-22)
SOCIAL PSYCHOLOGY - 104

UNIT I: Nature and Scope of Social Psychology

- A. Definition, Nature and Scope of Social Psychology
- B. Social Psychology and other Sciences Research methods in Social Psychology- Observation, Survey, Correlational Method, Field Study and Experimental Method

UNIT II: Social Perception and Impression Formation

- A. Social Perception - Meaning and Factors Influencing Social Perception, Types and Mechanisms of Social Interaction
- B. Social Norms, Roles and Status
- C. Attribution- Meaning and Errors in Attribution - Impression Formation - Meaning and Techniques of Impression Formation

UNIT III: Socialization

- A. Definition and goals of Socialization, Socialization Process.
- B. Social Motives and Social Incentives, Agencies of Socialization.
- C. The Development of Self-Concept, Self-Evaluation

UNIT IV: Social Attitudes

- A. Definition- Importance, Distinguishing Features of Attitudes
- B. Attitude Formation and Change
- C. Measurement of Attitudes- Likert, Bogardus and Thurstone

UNIT V: Communication

- A) Definition, Nature and Types of Communication and Barriers of Communication.
- B) Formation and change of Public Opinion
- C) Rumors and Propaganda

REFERENCE BOOKS:

1. Myers, David G. (1988) Social Psychology, 2nd Edition, McGraw Hill Book Company.
2. Baron, Robert. A. and Byrne, Donn. Social Psychology, 7th edition, Prentice Hall of India Pvt. Ltd.
3. Lindgren, Henry.C. (1973). An Introduction to Social Psychology, John Wiley & Sons
4. Munn, N.L., (1948). Laboratory Manual in Experimental Psychology, Houghton Mifflin Co., New York.
5. Nataraj.P. (1970). A manual of laboratory experiments in psychology, Mysore Printing and Publishing House. Mysore

GOVERNMENT DEGREE COLLEGE (A), RAJAHMUNDRY

B.A JMCPPSY: Semester- 4

SOCIAL PSYCHOLOGY-104

Time: 2.5hours

MODEL PAPER

Max Marks: 50

Section- A

Answer any **THREE** Questions

3*10=30

1. Explain nature and scope of social psychology
2. Explain survey and correlation methods in social psychology
3. Describe errors in attribution
4. Discuss techniques of impression formation
5. Explain the agents of socialization
6. Explain the socialization process

Section- B

Answer **FIVE** Questions

5*4=20

1. Observation method
2. Impression formation
3. Rumours
4. Medium of communication
5. Social perception
6. Sex-role identity
7. Goals of socialization
8. Propaganda

Government Degree College (Autonomous) Rajahmundry

Department of Psychology

Semester 4 – Syllabus (2021-22)

SOCIAL PSYCHOLOGY Practicum - 104

Conduct any **FOUR** experiments from the following

1. Dimensions of Rigidity
2. Attitude measurement
3. Social anxiety
4. Aggression

Field work/ Project Work- Observation visit to two NGO's working with socially disadvantaged people

Government Degree College (Autonomous) Rajahmundry
Department of Psychology
Semester 4 – Syllabus (2021-22)
PSYCHO PATHOLOGY – 105

UNIT I: Introduction:

- A. Concept of Abnormal Behavior and Criteria for Determining Abnormality.
- B. Historical Background of Abnormality.
- C. Approaches to Psychopathology- Psycho Dynamic, Behavioral, Cognitive, Behavioral, Existential and Biological.

UNIT II: Causes and Diagnosis of Abnormal Behavior:

- A. Biological, Psychological and Socio-Cultural; Critical Evaluation of These Causes.
- B. Current Diagnostic Systems: Introduction to the International Classification of Diseases (ICD-10) and Diagnostic & Statistical Manual of Mental Disorders (DSM-5).

UNIT III: Neuro Developmental Disorders:

- A. Intellectual Disabilities, Communication Disorders, Autism Spectrum Disorder, Attention Deficit/Hyper Activity Disorder
- B. Specific Learning Disorder. Motor Disorder, Tic Disorder.
- C. Other Neuro Developmental Disorders.

UNIT IV: Schizophrenia Spectrum and other Psychotech disorders

- A. Psychosis (Psychotic Disorder),
- B. Schizophrenia,
- C. SchizoTypal (Personality) Disorder

Unit V– Feeding and Eating Disorders

- A. Pica/Rumination Disorder, Avoidant/Restrictive Food Intake Disorder
- B. Anorexia Nervosa/Bulimia Nervosa, Binge – Eating Disorder
- C. Other Specified Feeding or Eating Disorder, Unspecified Feeding and Eating Disorder

REFERENCES:

1. Comer, R. J. (2015). Abnormal psychology. New York: Worth publishers.
2. Carson, R. C., Butcher, J. N., Mineka, S., & Hooley, J. M. (2013).
3. Abnormal psychology (15th Ed.). New York: Harper Collins.
4. Diagnostic and Statistical Manual of Mental Disorders. (2013). Washington, D.C.
5. Nevid, J., Rathus, S., & Greene, B. (2014). Abnormal psychology in a changing world. Upper Saddle River, NJ: Pearson Prentice Hall.
6. The ICD-10 Classification of Mental and Behavioural Disorders, (1992). Geneva.

GOVERNMENT DEGREE COLLEGE (A), RAJAHMUNDRY

B.A JMCPPSY: Semester- 4

PSYCHO PATHOLOGY-105

Time: 2.5hours

MODEL PAPER

Max Marks: 50

Section- A

Answer any **THREE** Questions

3*10=30

1. What are the common mental disorders?
2. Historical view of Abnormal behaviour?
3. Biological view and its causes?
4. Psychological view and its causes?
5. Autism Spectrum Disorder
6. Schizophrenia

Section- B

Answer **FIVE** Questions

5*4=20

1. Abnormality
2. ICD
3. DSM
4. Communication Disorder
5. Depression
6. Eating disorder
7. Psychosis
8. Psychopathology

Government Degree College (Autonomous) Rajahmundry

Department of Psychology

Semester 4 – Syllabus (2021-22)

PSYCHO PATHOLOGY Practicum - 105

Conduct the experiments from the following

1. Depression Questionnaire
2. Addiction
3. Anxiety
4. Measuring stress

Government Degree College (Autonomous) Rajahmundry
Department of Psychology
Semester 5 – Syllabus (2021-22)
CHILD PSYCHOLOGY – 106

Unit I: Introduction to Child Psychology:

- A. Historical Views of Childhood
- B. Theoretical Perspectives: Psycho analytic theory, Erikson's psychosocial theory, Behavioural and Social Cognitive Theories. Ethological theory, and Ecological theory.
- C. Research and Career Options: Research Designs- Correlational Research, Cross-Sectional Research, Longitudinal Research; Conducting Ethical Research

Unit II: Prenatal Development, Chromosome and Gene Linked Abnormalities:

- A. Stages in Prenatal Development. The Germinal Stage, Embryonic Stage and Fetal Stage.
- B. Child Birth: Stages of Child Birth.
- C. Chromosome and Gene Linked Abnormalities: Chromosomal Abnormality-Down Syndrome, Sex linked Chromosomal Abnormalities, Gene Linked Abnormalities- Phenylketonuria (PKU) and Sickle cell anaemia

Unit III: Physical and Cognitive Development:

- A. Motor Development: Sequence of Motor development, reflexes, gross motor skills, fine motor skills, Handedness.
- B. Sensory Development: Vision (Visual Acuity and Color Vision), Hearing, Touch-Pain, Smell and Taste
- C. Piaget's Theory of Cognitive Development Processes of Development-Schemes, Assimilation and Accommodation, Organization; Vygotsky's Theory of Cognitive Development: Zone of Proximal development and Scaffolding

Unit IV: Emotional and Moral Development:

- A. Emotional Development: Development of Emotional Expressions- Basic Emotions, Self-Conscious Emotions, Emotional Self-Regulation, Acquiring Emotional Display Rules;
- B. Understanding and Responding to Others- Social Referencing, Empathy and Sympathy.
- C. Moral Development: Kohlberg's Theory of Moral Development.

GOVERNMENT DEGREE COLLEGE (A), RAJAHMUNDRY

B.A JMCPPSY: Semester- 5

CHILD PSYCHOLOGY

Time: 2.5hours

MODEL PAPER

Max

Marks: 50

Section- A

Answer any **THREE** Questions

3*10=30

1. Freud's theory of development.
2. Explain Correlational research method
3. What are the different Stages of Child birth?
4. Vygotsky theory of cognitive development.
5. Elaborate the Classification of emotions
6. Kolhsberg moral development theory.

Section- B

Answer **FIVE** Questions

5*4=20

1. Tabula rasa
2. Longitudinal research
3. Down syndrome
4. PKU
5. Handedness
6. Vision
7. Development of emotion
8. Empathy

Government Degree College (Autonomous) Rajahmundry

Department of Psychology

Semester 5– Syllabus (2021-22)

CHILD PSYCHOLOGY Practicum – 106

Conduct the experiments from the following

1. Raven's Coloured Progressive Matrices
2. Performance test
3. CPQ
4. Adolescent Adjustment Inventory

Government Degree College (Autonomous) Rajahmundry

Department of Psychology

Semester 5 – Syllabus (2021-22)

EDUCATIONAL PSYCHOLOGY – 107

UNIT I: Introduction to Educational Psychology:

- A. Nature, and Scope
- B. Contribution of major psychologists
- C. Importance Methods of educational psychology.

UNIT II: Growth & Development

- A. Growth and Development during child wood and adolescence - educational implications.
- B. General nature and principles of growth and development: Physical growth and motor development - mental development emotional development - Social Development - Development of attitudes, interests, values and personality.

UNIT III: The Nature of Learning Process

- A. Nature of Learning - Learning and maturation the process of learning - learning curves plateaus in learning theories and laws of learning and their educational implications: trial and error learning - learning by conditioning learning by insight
- B. Role of motivation, attention and interest in learning - kinds of motivation-extrinsic and learning of skills. intrinsic, achievement motivation- methods of motivating pupils to learn.

UNIT IV: Transfer of Learning

- A. Forms of transfer theories of transfer of learning factors influencing transfer of learning.
- B. Transfer of Verbal and motor learning Distribution of practice, knowledge of results.

GOVERNMENT DEGREE COLLEGE (A), RAJAHMUNDRY

B.A JMCPPSY: Semester- 5

EDUCATIONAL PSYCHOLOGY

Time: 2.5hours

MODEL PAPER

Max Marks: 50

Section- A

Answer any **THREE** Questions

3*10=30

1. Contribution of Alfred Binet to educational psychology.
2. Write about the Experimental method?
3. What are the Physical developments takes place during education?
4. Explain Trail and error method in detail?
5. How does Classical conditioning is achieved?
6. Mention different types of transfer of learning?

Section- B

Answer **FIVE** Questions

5*4=20

1. Introspection
2. Scope of educational psychology
3. Personality
4. Physical growth
5. Learning curve
6. Motivation
7. Verbal learning
8. Factors effecting transfer of learning

Government Degree College (Autonomous) Rajahmundry

Department of Psychology

Semester 5– Syllabus (2021-22)

EDUCATIONAL PSYCHOLOGY Practicum – 107

Conduct the experiments from the following

1. Memory drum
2. Transfer of learning
3. Recall and recognition
4. Retroactive and proactive inhibition

Government Degree College (Autonomous) Rajahmundry
Department of Psychology
Semester 6 – Syllabus (2021-22)
COUNSELLING PSYCHOLOGY – 108

UNIT 1: Introduction

- A. Definition and nature
- B. Counselling as a profession-Training, activities and professional ethics
- C. The effective counsellor- Personality characteristics, skills, self of counselor

UNIT 2: Counselling Process

- A. Stages of counselling
- B. Counselling relationship
- C. Initial interview
- D. Assessment for counselling

UNIT 3: Counselling Theory

- A. Individual counseling theory Psychoanalytic, Humanistic, Behavioral, Cognitive, Brief approaches
- B. Types of counseling

UNIT 4: Counselling Techniques

- A. Group techniques
- B. Multi-cultural techniques with special reference to Indian techniques such as yoga and meditation
- C. Counselling and technology

Note: Projects and practical work related to the paper should include preparation of case study, assessment in counselling, supervised training including role-play and self-development workshops.

Reference:

1. Feltham, C and Horton, I. (2000). Handbook of Counseling and Psychotherapy. London: Sage.
2. Gibson, R.L. and Mitchell, M.H. (2003). Introduction to Counseling and Guidance (6th Ed.). New Delhi: Pearson India.
3. Gladding, S.T. (2009). Counselling: A comprehensive profession(6th Ed.). New Delhi: Pearson India.
4. Misra, G. (Ed) (2010). Psychology in India, Volume 3: Clinical and Health Psychology. New Delhi: Pearson India.
5. Rao, S. (2002). Counselling and Guidance (2nd Ed.). New Delhi: McGraw Hill

Government Degree College (Autonomous) Rajahmundry

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Semester 6– Syllabus (2021-22)

COUNSELLING PSYCHOLOGY Practicum – 108

Preparation of **four** case studies and assessment in counselling

ψ Two case studies on child

ψ Two case studies in general population

Government Degree College (Autonomous) Rajahmundry
Department of Psychology
Semester 6 – Syllabus (2021-22)
CLUSTER ELECTIVE -A
PSYCHO PATHOLOGY – 109 (A-1)

UNIT I: Introduction:

- A. Concept of Abnormal Behavior and Criteria for Determining Abnormality.
- B. Historical Background of Abnormality.
- C. Approaches to Psychopathology- Psycho Dynamic, Behavioral, Cognitive, Behavioral, Existential and Biological.

UNIT II: Causes and Diagnosis of Abnormal Behavior:

- A. Biological, Psychological and Socio-Cultural; Critical Evaluation of These Causes.
- B. Current Diagnostic Systems: Introduction to the International Classification of Diseases (ICD-10) and Diagnostic & Statistical Manual of Mental Disorders (DSM-5).

UNIT III: Neuro Developmental Disorders:

- A. Intellectual Disabilities, Communication Disorders, Autism Spectrum Disorder, Attention Deficit/Hyper Activity Disorder
- B. Specific Learning Disorder. Motor Disorder, Tic Disorder.
- C. Other Neuro Developmental Disorders.

UNIT IV: Schizophrenia Spectrum and other Psychotech disorders

- A. Psychosis (Psychotic Disorder),
- B. Schizophrenia,
- C. SchizoTypal (Personality) Disorder

REFERENCES:

1. Comer, R. J. (2015). Abnormal psychology. New York: Worth publishers.
2. Carson, R. C., Butcher, J. N., Mineka, S., & Hooley, J. M. (2013).
3. Abnormal psychology (15th Ed.). New York: Harper Collins.
4. Diagnostic and Statistical Manual of Mental Disorders. (2013). Washington, D.C.
5. Nevid, J., Rathus, S., & Greene, B. (2014). Abnormal psychology in a changing world. Upper Saddle River, NJ: Pearson Prentice Hall.
6. The ICD-10 Classification of Mental and Behavioural Disorders, (1992). Geneva.

GOVERNMENT DEGREE COLLEGE (A), RAJAHMUNDRY

B.A JMCPPSY: Semester- 6

PSYCHO PATHOLOGY-109

Time: 2.5hours

MODEL PAPER

Max Marks: 50

Section- A

Answer any **THREE** Questions

3*10=30

1. What are the common mental disorders?
2. Historical view of Abnormal behaviour?
3. Biological view and its causes?
4. Psychological view and its causes?
5. Autism Spectrum Disorder
6. Schizophrenia

Section- B

Answer **FIVE** Questions

5*4=20

1. Abnormality
2. ICD
3. DSM
4. Communication Disorder
5. Depression
6. Eating disorder
7. Psychosis
8. Psychopathology

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Semester 6– Syllabus (2021-22)

PSYCHO PATHOLOGY Practicum - 109

Conduct the experiments from the following

1. Depression Questionnaire
2. Addiction
3. Anxiety
4. Measuring stress

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Semester 6 – Syllabus (2021-22)
CLUSTER ELECTIVE -A
ENVIRONMENTAL PSYCHOLOGY – 110 (A-2)

Unit I. Nature and Scope of Environmental Psychology

- A. Earth as living system: the Gaia Hypothesis; Deep ecology
- B. Research Methods in Environmental Psychology: Naturalistic observation and field surveys

Unit II. Environment and Behaviour.

- A. Effects of behavior on environment: Perception, preferences and awareness of environment.
- B. Effects of environment on behavior: Noise pollution, chemical pollution, crowding and personal space.

Unit III. Ecology and Development.

- A. Human nature and environmental Problems: Pro-social and pro-environmental behaviours. Ecosystems and their components.
- B. Demography: Morality and fertility.
- C. Resource Use: Common property Resources. Sustainable Development. Ecology. Acculturation and Psychological adaptation.

Unit IV. Psychological Approaches to Environment.

- A. Eco-culture Psychology (Berry).
- B. Bio-social Psychology (Dawson).
- C. Ecological Psychology (Barker).
- D. Person Environment Transactions (Sokol; Ittelson).

References:

1. Gifford, R. (2007). Environmental psychology: Principles and practice (4th ed.). Colville, WA: Optimal Books.
2. Bell, P. A., Greene, T. C., Fisher, J. D., & Baum, A. (2001). Environmental Psychology (5th edition). Toronto: Harcourt Brace College Publishers.
3. Dreze, J & Sen, A. (Eds) 1992, Indian Development, Delhi: Oxford University Press

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Semester 6– Syllabus (2021-22)

ENVIRONMENTAL PSYCHOLOGY Practicum – 110

ψ Field study and survey on environmental psychology

Government Degree College (Autonomous) Rajahmundry

Department of Psychology

Semester 6 – Syllabus (2021-22)

CLUSTER ELECTIVE -A

PSYCHOLOGY PROJECT– 111 (A-3)

Guidelines and Evaluation Pattern of The Project Of The Cluster

The student who wants to do project should follow the following.

- 1.He/She has to select the topic with clear Aim & Objectives.
- 2.He/She to collect the previous information regarding the topic
- 3.He/She has to get the clear idea after getting the reference material, i.e., how to proceed and what to do (methodology).
- 4.Before going to discuss the topic, every student has to do at least three seminars on his/her chosen topic.
- 5.Finally He /She has to come with Results & conclusions.
- 6.Bibliography (Reference Journals/Books should be mentioned)

Evaluation Pattern for Project Work:

- 1.Introduction (Selection of the topic, Aim & objectives)
- 2.Review of Information
- 3.Methodology
- 4.Analysis & Discussion
- 5.Suggestion & Conclusion